



## ACTIFS program

To support the accomplishment of:

- Indoor and outdoor physical activities and active leisure

Québec 

  
LOISIR <sup>ET</sup>  
Gaspésie SPORT  
Îles-de-la-Madeleine

# ACTIFS program

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## Main goal

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To support the realization of projects which directly promote the practice of physical activities, sports and outdoor activities among the entire population (early childhood, adults, seniors, families, etc.).

**Physical activity**, which includes sports, active leisure, and outdoor activities: refers to any form of activity that puts the body in motion and results in the expenditure of energy. Otherwise, **outdoor activities** designate a physical activity, non-motorized and without harvesting, practiced outdoors, in a dynamic relationship with the environment.

## Description

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Eligible organizations can submit projects for:

- **Animation of a physical activity:** Offer an initiation activity that promotes free practice, the development of skills, which include a training component\*, to make the population discover or rediscover the pleasure of being physically active;
- **Improvement of facilities:** Increase the possibilities of being physically active by developing or upgrading indoor or outdoor spaces (ex: improving parks, sports fields, trails, gymnasium);
- **Purchase of durable equipment:** Make durable equipment available to the population, in good condition and safe, to encourage the practice of physical activities, sports, active leisure and outdoor activities;
- **Outdoor activities:** Organize an accessible outdoor activity that involves preparatory activities\*\* and that is supervised by an organization, an outdoor club or during extra-curricular activities.

\* What we mean by "training": acquisition of new skills that allow the participant to reproduce a physical activity in free practice.

\*\* What we mean by "preparatory activities": several preparatory activities allowing the acquisition of essential skills (ex: concepts related to safety), which makes the activity possible to reproduce in free practice.

## Eligibility

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### Eligible local and regional organizations:

- Non-profit organizations;
- Cooperatives;
- Municipalities, cities and MRC's;
- Educational institutions (schools, school boards, colleges, etc.)

### Eligible expenses:

Eligible expenses must directly promote the practice of physical activity, sports, active leisure and outdoor activities:

- Punctual initiation activity to allow the discovery of a physical or outdoor activity;
- Purchase of durable equipment;
- Creation or upgrading of an indoor or outdoor space to promote physical or outdoor activity.

### Ineligible expenses:

- Taxes;
- Capital projects;
- Projects already funded by the Ministère de l'Éducation du Québec (MEQ) or the URLS GÎM;
- Regular/recurring activities of an organization, municipality or educational institution showing no novelty;
- Administrative expenses;
- Materials related to food (food, water bottle, stove, dishes, etc.);
- Clothes (t-shirt, jersey, etc.)
- Prizes/awards, promotional items, medals or bibs;
- Expenses incurred before the confirmation date;
- School outings.

Eligible projects will receive financial support between **250 \$** and **8 000 \$**.

## Criteria of analysis

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Here are the criteria of analysis that will be considered:

- The quality and relevance of partnerships;
- The financial, material and human accessibility of the project;
- The initiation of a new clientele;
- The relevance of the project in the community;
- The novelty factor in the community;
- The contribution of the project to encourage the free practice of physical activity in a long term basis.

## General requirements

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The request for financial assistance must be accompanied by:

- all the information required on the form
- a specimen cheque from the applicant organization

As part of the realization of the project, we ask you to mention the contribution of the URLS GIM in your communications and to use the logo of our organization.

## Methods of payment

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Financial assistance is made in a single payment upon presentation of supporting documents (invoice) which you must send to us by e-mail within 2 weeks of the realization of the project. These must correspond to the description of the project presented.

- Please note that the amounts available for the current year, through this program, are dependent on the subsidy granted to the URLS GÎM by the Ministère de l'Éducation du Québec (MEQ).
- The financial commitment of the URLS GÎM does not constitute a guarantee of recurrence to anyone nor for any project whatsoever.

Link to the [online form](#)

## Information

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